



MENTAL HEALTH SERVICES

**Helping You to Improve
Your Health & Wellbeing &
Live Your Best Life**

Telehealth/Video
Phone Consultations Face-to-Face

For more information contact
Outcome Health on (03) 8822 8444
or fax referrals to (03) 8888 4977

Fee: \$180 for a 50-minute consultation
Concession and student rates apply



OUTCOME HEALTH



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Our team of dedicated clinicians offers support for individuals experiencing:

- Severe and complex conditions (bipolar disorder, depression, psychosis, identity problems)
- Generalised and social anxiety (panic attacks)
- Life transitions
- Grief
- Substance abuse
- Trauma and Stress management
- Family and parental difficulties (inc. relationship breakdown)
- Sexual and gender complexities
- Domestic violence
- Cultural barriers
- Men's counselling
- Menopause
- Perinatal
- ADHD; ASD

Mental Health Nurse Services are provided by
Outcome Health

All Outcome Health clinicians are registered with AHPRA or AASW. Registered Workcover provider.

Melbourne East GP Network trading as Outcome Health
ABN 86 129 637 412

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